

HAPKIDO CLASSES

Hapkido is a Korean martial art that teaches practical self-defense, strength & balance, and personal growth. Using striking, kicking, locks, throws, and a variety of weapons, Hapkido is a complete system that can be adapted and used by everyone. With a strong emphasis on non-physical techniques such as meditation and Ki development (Qigong), Hapkido not only provides practical training, but also gives tools to benefit the practitioner in all aspects of their lives. Ask about family discounts!



Tigers Ages 3-5

4/2-4/30 \$58.50

5/2-5/30 \$52

6/4-6/27 \$52

Mon & Wed 4-4:30p

Kids B

4/2-4/30 \$136.50

5/2-5/30 \$126

6/1-6/29 \$136.50

Bundle Discount 4/2-6/29 \$361

Mon, Wed, & Fri 5:15-6p

Kids A

4/2-4/30 \$94.50

5/2-5/30 \$84

6/4-6/27 \$84

Bundle Discount 4/2-6/27 \$237.50

Mon & Wed 4:30-5:15p

Hapkido Teens

4/2-4/30 \$94.50

5/2-5/30 \$84

6/4-6/27 \$84

Bundle Discount 4/2-6/27 \$237.50

Mon & Wed 6-7p

Hapkido Adults

4/2-4/30 \$136.50

5/2-5/30 \$126

6/1-6/29 \$136.50

Bundle Discount 4/2-6/29 \$361

Mon & Wed 7-8:30

Fri 7-8p

Lake City Community Center

12531 28th Ave NE

Seattle, WA 98125

206-218-5298

How to Register:

- Call Meadowbrook Community Center at **206-684-7522**
- Go to Meadowbrook or any other Community Center or Pool, MB
10517 35th Ave NE, 98125
- Call our Business Service Center at
206-684-5177